



Linda's

BUYING GUIDE

YOGAOUTLET.COM

\$7.48

YOGA 3 INCH FOAM YOGA BLOCK

\$8.48

YOGA 4 INCH FOAM YOGA BLOCK

\$5.48

YOGA 6 FOOT YOGA STRAP D-RING

ALL YOGA MAT OPTIONS & PRICE RANGES

AMAZON.COM

\$12.99

MOKO 9" X 6" X 3" YOGA EVA FOAM BLOCKS
2 PACK PARENT, 2 BLOCKS

\$14.05

GAIAM ESSENTIALS YOGA BLOCK (SET OF 2) -
SUPPORTIVE LATEX-FREE EVA FOAM SOFT
NON-SLIP SURFACE 4 INCH

\$7.98

GAIAM YOGA STRAPS 6 FT

\$10.99

RENBRANRING RESISTANCE BANDS, NON-
LATEX ELASTIC BANDS (SET 3)

OTHER YOGA MAT OPTIONS & PRICE RANGES

HAND WEIGHTS (ALSO CALLED DUMBBELLS) ARE
AVAILABLE IN MANY PRICE RANGES

MMINDFUL
Alignment
WITH LINDA



*All prices are cited as approximate based on the published asking price on 7.27.20